

Athletic Pre-Participation Guidelines

Any incoming 7th, 9th, or 11th grade student wishing to participate in any UIL sponsored sport must have a pre-participation physical before the first day of athletic participation, be it either two-a-days or athletics period the first day of school which ever comes first. If an athlete has surgery, is hospitalized or is under a physicians care for longer than two weeks, he/she will be required to have a physical before participation regardless of their year of enrollment in school. All athletes will be required to complete a new Medical history form and Emergency information for each year.

We will be administering physicals at the high school on May 16th starting at 4pm.
Physicals will be first come first serve, but we can make things run more smoothly if:
Seniors and Juniors arrive at 4
Freshmen and Sophomores arrive at 4:40
7th and 8th graders arrive at 5:30

If you have any questions, please feel free to call me (Jennifer Hargraves) or e-mail me:
Training room – 512-847-5729 ext 618
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