

2006-2007
Wimberley High School
Cheerleading Constitution

SQUADS:

The Wimberley High School Cheerleaders will include the following squads:

Varsity: Consists of seniors, juniors, and sophomores performing at Varsity events and other events as designated by the coach.

Mascot: Consists of one person performing at Varsity events and other events designated by the coach.

JV: Consists of up to 8 freshmen, sophomores and/or juniors and performing at Junior Varsity events and other events as designated by the coach.

Freshman: Consists of up to 8 freshmen performing at freshman events and other events as designated by the coach.

TRYOUTS:

Tryouts will be conducted in the spring. They will consist of a tryout clinic, approximately two hours after school each day for up to one week. The senior cheerleaders will make up the cheer and dance routines and teach it to all of the candidates. Tryouts are closed to the general public. At the clinics and the tryouts, there will be no cameras, no camcorders, no parents, no private coaches, no exceptions outside of the designated "recording time". The only people allowed in the gym during tryouts are the judges, the coaches, and the candidate's "senior buddies". They are evaluated and judged by certified UCA judges. Squads will be determined by qualifying scores.

Cheerleaders will be judged on:

Entrance: spirit, projection, enthusiasm, voice, and appearance

Cheer execution, group and individual: technique, timing, rhythm, unity, and enthusiasm

Cheering skills: jumps, precision, and motions, stunts will also be included.

Dance: timing, rhythm, and unity

Texan Cheerleader Constitutional Knowledge

Teacher recommendations

Tumbling is extra bonus points.

Grade requirements of Tryouts:

All students wishing to try out for cheerleader must have an accumulative high school grade point average of 2.0 (70) or above as recorded in the registrar's office, have signed recommendations from each teacher you have during that six week period, and be entering the 9th, 10th, 11th, or 12th grade. All candidates are subject to an administrative check concerning discipline, attendance and academic records.

Scoring Breakdown:

| | |
|-------------------------|-----|
| Tryout | 75% |
| Teacher Recommendations | 20% |
| Constitution Test | 5% |

Tryout Breakdown

| | |
|------------------|----|
| Individual Cheer | 15 |
| Group Cheer | 15 |
| Dance | 15 |
| Stunts | 15 |
| Jumps | 15 |

TEXAN CHEERLEADER MEMBERSHIP

Cheerleader membership shall be for one year only. If a current member of the squad chooses not to try out for the upcoming year, they are still required to fulfill all requirements for the current year. If a cheerleader is dismissed from the squad, they can try out for the squad in following years with the approval of the coach and administrator. **Cheerleaders are held to exceptionally high standards of behavior!!!**

1. GRADE REQUIREMENTS FOR THE SCHOOL YEAR:

- A. Every cheerleader must pass all courses with a 70 or above each six weeks. (***See Advanced Course section for AP & Pre-AP exceptions***)
- B. According to House Bill 72, if this is not done, the cheerleader shall be ineligible from participating in any activities as a squad member for the next three weeks. (Level 3 Probation) At the end of three weeks, the squad member must be passing the subject(s) failed in order to regain eligibility. If still failing that particular subject, the member will sit out for the remainder of the six-week period (Level 4 Probation).
- C. Advance Courses include any core subject designated as AP or Pre-AP. If the cheerleader receives a failing grade in an advanced course, the cheerleader is able to waive her ineligibility for the period of one six weeks. If the cheerleader receives a failing grade twice in the same advanced course, she will lose eligibility for the next three weeks. (Level 3 Probation) At the end of three weeks, the squad member must be passing the subject(s) failed in order to regain eligibility. If still failing that particular subject, the member will sit out for the remainder of the six-week period (Level 4 Probation).
- D. Loss of membership for Academics on ANY squad will result when:
 1. The cheerleader fails one or more courses in two **consecutive** six-weeks.
 2. The cheerleader fails one or more courses in three non-consecutive six-weeks in one school year.
- E. The coach or principal may print out a cheerleader's current grades in any course at any time. At the discretion of the coach or principal, a cheerleader may be required to keep a grade sheet or attend tutorials.

2. CONDUCT REQUIREMENTS FOR THE SCHOOL YEAR:

WHS cheerleaders are expected to uphold certain reputations throughout the school and community. The following are expectations the cheerleaders are required to uphold:

- A. Cheerleaders that represent Wimberley High School should be model leaders and uphold high moral and academic standards. They are school representatives and should act accordingly, meeting all school requirements and dress codes. They should conduct themselves as leaders in the classroom as well as on the sidelines. They should never make derogatory remarks about our school or others, our school officials or others, OR representatives of our school or others.
- B. Cheerleaders are expected to follow all rules and regulations set forth by Wimberley High School including the WHS Student Handbook and the WHS Athletic Code of Conduct.
- C. Showing disrespect to the coach, fellow cheerleaders, teachers or faculty members will not be permitted.
- D. Lack of cooperation during class practices, pep rallies, games, or events is not permitted.
- E. Cheerleaders are never to use profanity or conduct themselves in a manner that is harmful to anyone.
- F. There will be no public display of affection in uniform, or unladylike conduct.
- G. Cheerleaders will not have excessive visiting with spectators or excessive talking with other members during pep rallies, games, or practices. They will conduct themselves professionally at all times.
- H. Cheerleaders should not receive office referrals, Saturday school assignments, ISS, or detentions.
- I. Cheerleaders who incur persistent discipline problems will receive Level 5 probation. The decision to dismiss or suspend a cheerleader will be made by the sponsor and an administrator. A member placed on disciplinary probation is required to attend all functions in proper uniform, but will not perform for the length of their probation period.
- J. Texan Cheerleaders will be expected to abide by the Misbehaviors and Consequences section of the Texan Cheerleader Constitution.

3. DUTIES

A. TEXAN CHEER EVENTS

a. Games

- i. Texan Cheerleaders are required to cheer at Football Games.
- ii. Texan Cheerleaders are required to cheer at Volleyball Games.
- iii. Texan Cheerleaders are required to cheer at Girls and Boys Basketball Games.

b. Pep Rallies

- i. Pep Rallies will occur each Friday during Football Season.

c. Community Events

Events held by the community will not be limited to the following:

- i. 4th of July Parade
- ii. Meet the Texans
- iii. Bonfire
- iv. Playoff celebrations

B. PRACTICE

- a. Pre-camp practice – held two to three weeks leading up to summer camp.
- b. Summer practice – held during the summer
- c. Summer painting – summer days dedicated to painting all signs and posters for the school year
- d. After school practice – when these are scheduled, all members must be in attendance unless there is an approved UIL sporting event at that time

C. SCHOOL SPIRIT

- a. Locker Signs
- b. School Decorations
- c. Pep Rallies
- d. Game Toss Outs

D. MONEY

- a. Cheerleaders are required to pay for camp, clothing and travel.

E. UNIFORMS AND CLOTHING

- a. All Cheerleaders will pay for camp clothing and cheer shoes.
- b. All Varsity Cheerleaders will pay for all 3 of their uniforms.
- c. Freshmen and JV Cheerleaders will pay for their 2 skirts.
- d. Wimberley High School will pay for freshmen and JV shells.
- e. An option to rent school owned uniforms will be given to each cheerleader.

F. SUMMER

- a. All cheerleaders are required to attend summer camp.
- b. All cheerleaders are required to participate in Summer Cutie Camp.
- c. All cheerleaders are required to participate in Summer Car Wash Fundraisers.
- d. All cheerleaders are required to participate in Summer Market Days.

G. CLASS

- a. All cheerleaders are required to participate in the Texan Cheerleader class.
- b. Cheerleaders must register for this class prior to the school year.

H. FUNDRAISERS

- a. Cheerleaders will be given fundraising opportunities throughout the year to help offset the costs of the program.
- b. Mandatory fundraisers will include the following:
 - i. Summer Cutie Camp T-shirt Ads
 - ii. Summer Cutie Camp
 - iii. Summer Carwash Dates
 - iv. Junior High Cheerleader Clinic (Varsity only)
 - v. Basketball Cutie Camp (Varsity only)
 - vi. Market Days
- c. All other fundraisers given throughout the year are on a volunteer basis.

4. POLICIES

A. GAME POLICY

- a. Attendance at ALL games is mandatory. The only exception is another school related function happening at the same time. You will be given game schedules in advance. All other non-school affiliated appointments should be scheduled around these games.
- b. Any unexcused absence from a game will result in consequences. (See probation section and Misbehaviors and Consequences.)
- c. Punctuality is enforced. Your Captains will set a meeting time and location. You need to be there at the specified time and location.
- d. Dress Code is enforced. Your Captains will decide which uniform to wear for each event.

B. TRAVEL POLICY

- a. Summer travel will be limited camp.
- b. Travel rules and agreement will apply.

- c. Varsity cheerleaders will travel to all Football games. All cheerleaders will ride together to the sporting event.
- d. If a cheerleader opts to ride home with a parent or parent approved driver they must provide a written note granting permission for the student to leave with said driver.
- e. Each cheerleader will meet at the specified location and time before each away game. If the cheerleader has not arrived by the departure time, she will be left and consequences will occur for that cheerleader.
- f. All cheerleaders traveling to an away game will abide by all WISD rules and regulations throughout the entire trip.

C. PEP RALLY POLICY

- a. Upon Coaches approval, Captains will decide each Monday afternoon, which cheer or dance their squad will perform at the pep rally.
- b. Cheerleaders must use class time and Monday afternoon practice to perfect their routines.
- c. If a squad needs extra practice, they must schedule at least one day in advance, with a Texan Cheer Coach. A coach **MUST BE PRESENT** at a practice that involves stunting and/or tumbling or any kind.
- d. Any cheerleader who does not know the cheer, routine, or stunt will not perform at the function but is required to attend in full uniform.

D. COMMUNITY EVENTS POLICY

- a. Attendance at these functions is required. It will be treated **EXACTLY** like a game.
- b. Notice of these functions will be given in a timely fashion.

E. PRACTICE POLICY

- a. All cheerleaders are required to attend all practices unless unforeseen or unusual circumstances arise which prevent the cheerleader from being present. The cheerleader should explain the need for the absence in writing prior to the absence with their parent/guardian's signature. Otherwise, a note explaining the need for the absence, signed by the parent/ guardian, should be presented to the sponsor the following day upon return. If the cheerleader is home sick and knows that he/she will be absent from practice or an event, the cheerleader must leave a message for the coach at the school or contact their head cheerleader. The only absences treated as excused will be for personal illness or accident, illness, death, or funeral in the family, or special school activities that are approved in the advance by the sponsor.
- b. Practices may be held before, during, or after school and possibly on some weekends during busy times. Jobs, family vacations, driver's education, and summer school are not excused absences from practices.
- c. The cheerleader should be on time to any and all cheerleading practices and should not leave practice until dismissed by the coach.
- d. A cheerleader who misses any practice is missing valuable time spent on learning, reviewing, and polishing routines.
- e. Most of cheerleading cannot be done with out the presence of the entire squad.

- f. When a cheerleader is absent, it is their responsibility to call the head cheerleader to find out what they have missed and what they will be required to do on the day they return.
- g. A total of 3 unexcused absences from practice will result in Level 1 probation.

F. MONEY POLICY

- a. A payment contract will be issued at the Parent tryout meeting explaining in detail all costs for the upcoming school year.
- b. A payment schedule will be explained in this contract.
- c. All costs must be paid in full by the end of the last school day before the cheerleader will attend summer camp.
- d. If a cheerleader fails to make payment by the set deadline date, she will be removed from the squad and a refund for monies spent so far will be issued.
- e. Cheerleaders will be given the option to fundraise to offset the expense of cheerleading. If a cheerleader is actively participating in fundraising events, the amount of time to pay off her balance can be extended to a later date. A separate extension contract will be issued at this time explaining the details of this situation.
- f. Any cheerleader with an outstanding debt will not be allowed to tryout for the upcoming school year.
- g. Wimberley High School has the right to hold any and all records regarding this student until the outstanding balance has been paid in full.

G. UNIFORMS AND CLOTHING POLICY

- a. Rules apply as stated in Money section of Texan Cheer Constitution.
- b. Wimberley High School will issue school owned shells to freshmen and JV cheerleaders under a rental agreement.
- c. Wimberley High School will issue rain jackets at the beginning of the year to each cheerleader under a rental agreement.
- d. Wimberley High School will issue warm-ups at the beginning of the year to each cheerleader under a rental agreement.
- e. Wimberley High School will issue cheer bags at the beginning of the year to each cheerleader under a rental agreement.
- f. At the end of the year, all above stated items will be returned to Wimberley High School in the same condition as given. If the condition of the items has drastically changed or any of the items have been lost, the cheerleader will be responsible for the entire cost of replacement minus the rental deposit.

H. RENTAL POLICY

- a. Each cheerleader will have the option to rent a uniform, warm-up, rain jacket and cheer bag.
- b. The rental fee will be 1/3 of the original cost of the item(s) rented.
- c. This fee is non-refundable.
- d. The cheerleader will have the option to buy out her rentals at the end of the year.
- e. If the cheerleader wants to buy the items rented, the rental deposit will be applied to the balance.

- f. At the end of the year, all items rented will be returned to Wimberley High School in the same condition as given. If the condition of the items has drastically changed or any of the items have been lost, the cheerleader will be responsible for the entire cost of replacement minus the rental deposit.
- g. Any cheerleader with an outstanding debt will not be allowed to tryout for the upcoming school year.
- h. Wimberley High School has the right to hold any and all records regarding this student until the outstanding balance has been paid in full.

I. SUMMER POLICY

- a. All cheerleaders are required to attend a summer cheerleading camp.
- b. If the cheerleader is unable to attend this camp she will no longer be a Texan Cheerleader.
- c. All cheerleaders are required to work Summer Cutie Camp.
- d. If the cheerleader is unable to attend this camp, it will be treated as an unexcused absence from a Texan Cheer Event. (See Misbehaviors and Consequences)
- e. All cheerleaders are required to attend Summer Car Washes.
- f. If a cheerleader is unable to attend these dates, it will be treated as an unexcused absence from a Texan Cheer Event. (See Misbehaviors and Consequences)
- g. Varsity cheerleaders are required to work a Junior High Cheerleading clinic two days during the summer. Dates immediately follow High School cheerleading camp.
- h. Summer vacations need to be scheduled around these events.
- i. A Summer Commitments sheet explaining all summer dates, times and locations will be issued at the Parent tryout meeting.

J. ALTERNATE POLICY

- a. If a cheerleader fails to meet all monetary requirements by the end of the day on the last school day before attending summer camp, the cheerleader with the highest score next to the removed cheerleader will be moved into her squad.
- b. The cheerleaders will continue to move up in rank until the number of cheerleaders has been restored to the original amount determined on the day of tryouts.

K. MISBEHAVIORS AND CONSEQUENCE POLICY

- a. All opportunities to work off misbehaviors will be at the discretion of the coach and captains.
- b. All misbehaviors must be worked off by 4 pm the day before an event or performance. If the misbehavior is not worked off by this time the cheerleader will not perform at the next event. (Game, pep rally)
- c. Any misbehavior displayed after this time will have until the following week to be removed.
- d. A total of 5 misbehaviors will result in Level 1 probation.
- e. A total of 10 misbehaviors will result in Level 2 probation.
- f. A total of 15 misbehaviors will result in dismissal.
- g. Each misbehavior has several options as consequences.
- h. Options to work off misbehaviors are the following:

Option 1 – Texan Mile (4 laps with bleachers)

Option 2 – 1 inside lap and lunges from Goal to 50-yard line

Option 3 – 20 down to 1 – push ups and crunches

Option 4 – 10 down to 1 – Jumps

Option 5 – 10 down to 1 – push ups and crunches

Option 6 – 5 down to 1 – Jumps

Option 7 – Windex ALL mirrors in annex (by yourself)

Option 8 – Sweep the ENTIRE annex floor (by yourself)

Option 9 – Mop the ENTIRE annex floor (by yourself)

Option 10 – Grunt work for Vela/Lyssy/or any other teacher

Option M – Merits

| MISBEHAVIOR | CONSEQUENCE |
|---|---|
| 1 – 15 minutes late or leaving early | Option M or Option 10 |
| + 15 minutes late or leaving early | Option 2 or Option 5 |
| Gum | Option M or Option 10 |
| Eating | 2M; 2; 5; 6; 7; 8 |
| Jewelry | Option M or Option 10 |
| Failure to wear correct accessories: ribbons, shoes, etc. | Option M or Option 10 |
| Failure to wear correct uniform | Option M (2) or Option 2 or Option 5 or Option 6 or Option 7 or Option 8 |
| Failure to clean up after painting | Option M (2) or Option 6 or Option 7 or Option 8 |
| Failure to roll up mats | Option 3 or Option 4 or Options 6, 7, 8 & 9 COMBO |
| Failure to pick up trash | Option 3 or Option 4 or Options 6, 7, 8 & 9 COMBO |
| Failure to pick up personal belongings | Option M or Option 10 |
| Failure to notify sponsor/captain of absence | Option 2 or Option 5 or Option 6 |
| Unexcused absence from a Texan Cheer event | Options 1 and 3 or Options 1 and 4 or Options 3 and 4 And sit out a game |
| Insubordination | Options 1 and 3 or Options 1 and 4 or Options 3 and 4 |
| Disrespect toward team member | Options 1 and 3 or Options 1 and 4 or Options 3 and 4 |
| Disrespect toward Captain | Options 2 and 5 or Options 2 and 6 |
| Disrespect toward Coach | Options 1 and 3 or Options 1 and 4 or Options 3 and 4 |
| Disrespect toward any adult | Options 1 and 3 or Options 1 and 4 or Options 3 and 4 |
| Conduct unbecoming of a Texan Cheerleader | Determined on a case-by-case basis. |
| Any other infraction that arises not listed above | Determined on a case-by-case basis. |

L. PROBATION

- a. A contract specifying probation details will be issued to the cheerleader on the day the probationary period begins.
- b. Probation will occur in the following levels:
 - i. Level 1: Sit out one game and one pep rally.
 1. Dress Out.
 2. Sit with Coaches.
 3. Misbehaviors & Consequences apply.
 - ii. Level 2: Sit out two games and two pep rallies.
 1. Dress Out.
 2. Sit with Coaches.
 3. Misbehaviors & Consequences apply.
 - iii. Level 3: Academic 3 week suspension.
 1. Do not dress out.
 2. Do not participate in any Texan Cheer event.
 3. Still attends practices.
 4. Must attend tutorials with sign sheet.
 - iv. Level 4: Academic 6 week suspension.
 1. Do not dress out.
 2. Do not participate in any Texan Cheer event.
 3. Still attends practices.
 4. Must attend tutorials with sign sheet.
 - v. Level 5: Discipline suspension
 1. Suspension time determined by Coach with administrative approval.
 2. Dress Out.
 3. Sit with Coaches.
 4. Misbehaviors & Consequences apply.
- c. Probation will occur with the following situations:
 - i. Unexcused absence(s) from a Texan Cheer event **(1,2)**
 - ii. 3 unexcused absences from cheer practice **(1,2)**
 - iii. Academic Failure of a 6 weeks grading period **(3,4)**
 - iv. Persistent discipline problems **(5)**
 - v. Misbehaviors totaling 5. **(1)**
 - vi. Misbehaviors totaling 10. **(2)**

M. DISMISSAL

- a. A contract specifying dismissal details will be issued to the cheerleader after meeting with the principal to justify each individual case.
- b. Dismissal will occur with the following situations:
 - i. Failure to uphold the regulations set forth in the Texan Cheer Payment Contract.
 - ii. A total of 3 unexcused absences from any Texan Cheer event.
 - iii. Failing any classes in 2 consecutive 6-weeks grading periods.
 - iv. Failing any classes in 3 non-consecutive 6-weeks grading periods.
 - v. Continuance of persistent discipline problems
 - vi. Misbehaviors totaling 15

- d. If a cheerleader is dismissed from the program for any reason she will not receive a refund for monies invested in the Texan Cheer program.
- e. If a cheerleader is dismissed from the program for any reason she will not be allowed to tryout for cheerleader without prior approval from the coach and administrator.

CONSTITUTION CHANGES:

Changes of this cheerleading constitution may be made through a recommendation by the sponsor and with the approval from the principal. The constitution is subject to change at any time by the principal for justifiable cause. The sponsor, with the help of the administrator, will decide anything not specifically covered in the constitution. The sponsor will be the first consultant for the interpretation of the constitution. All cheerleaders' questions and concerns must be addressed first with the coach during the regularly scheduled school hours.

I, _____, have read the Texan Cheer Constitution and agree to abide by all of its rules and regulations. I realize that if I am to break a rule stated in this handbook that I must accept the consequences as set forth in this Constitution. I agree that if I am to break a rule that is not stated in this handbook I must accept the consequences as set forth by the coach and administrator upon careful review of the situation. My parent(s), _____, have also read the Texan Cheer Constitution and completely understand the amount of commitment expected of me as a Wimberley Texan Cheerleader.

Signature (Texan Cheerleader)

Date

Signature (Parents)

Date